**KITE Scripture Study Method**

*In her book A Time of Jubilee, Barbara Stead developed a scriptural study method that first comes from the conviction that sound biblical scholarship must first precede revelation and action. This method is my own adaptation of her work. I have combined the original KITE method with methods found in Lectio Divina and Ignition Gospel Contemplation, both traditional Catholic spiritual exercises.*

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| KNOW | What is the passage and who is the author of the book?Who are the characters in the passage?Is the context of the passage revealing?Do the footnotes or linked scriptural passages reveal anything interesting?Summarize the passage? |
| IMAGINE | Re-read the passage, slowly, carefully, using your powers of imagination to immerse yourself in the story. Try doing this from different perspectives (observer or character). Go so far as to try experiencing physical sensations such as smelling scents or feeling the warmth or coolness on you skin. |
| TEACHING | What is the passage telling you?How is it associated with your life?What is the overall message? |
| EXPLORE | Rest and contemplate God’s message to you and/or to others.Pray using your experience with the passage (use the actual language or images if possible).What is the passage calling you to do? How will you accomplish this?Pray asking and knowing that Our Father will send His Spirit to guide and support you to accomplish His Will.  |